

Choices - Living life on purpose

Describe your river of life – Is it smooth and quiet *or* turbulent with natural obstacles? Most of the time, the river of life is an endless mixture of conditions. How do you react to the converging currents?

Floater - accepts the river as it is and aimlessly goes along for the ride. Floaters do not want to make any waves; however, they usually complain about the unfairness of the situation.

Fighter – battles the forces of nature. Fighters are Type A personalities—high achievers who experience victories from time to time. Eventually the turbulent current wears them down. They experience burnout, stress, depression, addiction, ulcers, high blood pressure and increased heart attack risks.

Navigator – recognizes that the river of life cannot be controlled. A true navigator is equipped with the necessary tools to maneuver the turbulence and enjoy the ride. A navigator acknowledges the river and its conditions, accepts the givens and attempts to respond effectively and efficiently.

Are you equipped to harness resources to be in the flow of life? Do you maneuver around with your hands, a paddle, an oar or an engine? Do you have the maps, a guide or experience? Do you make the best of what resources you have available at the time? There is a lot of energy in the world; you can go either with it or against it. It is your CHOICE!

Steps to becoming a **Navigator**:

1. Make a commitment: Being a navigator is a learned behavior. Having a coach can ease the way for you. Sign up 8 coaching sessions and be prepared for written assignments. The structured assignments are an integral part of each session.
2. Binder: Get a 3-ring binder/portfolio/pocket folder to hold your papers together, notepaper, pen, pencil and your brain (both left and right side).
3. Strict confidentiality: This is your process; it is thoughtful and thought provoking. But, it is yours and only yours. There will come a time when you may wish to share this process and outcome with others; you will know when the time is right.
4. Fee = \$250 prepaid. Payment via credit cards through PayPal.com or by a check payable to **ORGANIZING RESOURCES**.
5. This is your journey. Enjoy the process; enjoy the outcome

Call or email today to schedule your sessions.

Your daily ride on the river of life can be smoother and more enjoyable!

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